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A chorus of Black student voices that renders a new story of US education—one where racial barriers and violence are confronted by freedom dreaming and resistance

AN ENGAGING READ FOR EDUCATORS AND LIFELONG LEARNERS ALIKE: School Clothes is an important social resource for Black teachers, learners, and those involved with educational justice.

A PREVIOUSLY UNTAPPED BUT IMPORTANT PERSPECTIVE: School Clothes presents a view of education in America that can only be seen from a Black student perspective, which is often left out of the narrative in the history of education in the US.

“School Clothes is…a brilliant, well-researched, and cogent study that centers the voices and experiences of Black students in the American educational system. It is a beautiful tribute—and testament—to the power of Black knowledge and resistance.” – Keisha N. Blain

Black students were forced to live and learn on the Black side of the color line for centuries, through the time of slavery, Emancipation, and the Jim Crow era. And for just as long—even through to today—Black students have been seen as a problem and a seemingly troubled population in America’s public imagination.

Through over one hundred firsthand accounts from the nineteenth and twentieth centuries, Professor Jarvis Givens offers a powerful counter-narrative in School Clothes to challenge such dated and prejudiced storylines. He details the educational lives of writers such as Zora Neale Hurston and Ralph Ellison; political leaders like Mary McLeod Bethune, Malcolm X, and Angela Davis; and Black students whose names are largely unknown but who left their marks nonetheless. Givens blends this multitude of individual voices into a single narrative, a collective memoir, to reveal a through line shared across time and circumstance: a story of African American youth learning to battle the violent condemnation of Black life and imposed miseducation meant to quell their resistance.

School Clothes elevates a legacy in which Black students are more than the sum of their suffering. By peeling back the layers of history, Givens unveils in high relief a distinct student body: Black learners shaped not only by their shared vulnerability but also their triumphs, fortitude, and collective strivings.

Jarvis R. Givens is an assistant professor at the Harvard Graduate School of Education. He specializes in the history of education, African American history, and theories of race and power in education. His first book, Fugitive Pedagogy: Carter G. Woodson and the Art of Black Teaching, was published in 2021, and won the 2022 Book Prize for the Association for the Study of African American Life and History, as well as the 2022 Outstanding Book Award for the American Educational Research Association.
Under the Banner of King Death
Pirates of the Atlantic, A Graphic Novel

DAVID LESTER and MARCUS REDIKER
Afterword by Paul Buhle
ON SALE 2/7/23

Featuring an African American fugitive from bondage, an undercover woman, and ‘outcasts of all nations,’ an arresting graphic exploration of the resistance and radical vision of 18th century pirates

A tale of mutiny, bloody battle, and social revolution, Under the Banner of King Death novelizes for the first time the real pirates, an itinerant community of outsiders, behind our legends. This graphic novel breaks new ground in our understanding of piracy and pirate culture, giving us more reasons to love the rebellious and stouthearted marauders of the high seas.

Set at the pinnacle of the “Golden Age” of Atlantic piracy, this novel follows three unlikely companions, who are sold into servitude on a merchant ship and unwittingly thrust into a voyage of rebellion.

They are John Gwin, an African American fugitive from bondage in South Carolina—

Ruben Dekker, a common seaman from Amsterdam—

And Mark/Mary Reed, an American woman who defies stereotypes by dressing as a man.

Mutiny ensues against the tyrannical Captain Skinner, who is thrown overboard to make way for democracy aboard The Night Rambler. The crew’s new order provides radical social benefits, all based on real, documented practices of contemporary pirate ships: democratic decision-making, a social security net, health and disability insurance, and equal distribution of spoils taken from prize ships.

It’s not long before the London elites enlist a war-hungry captain to take down The Night Rambler and start a war of high society versus high-seas pirates. Adapted from the scholarship and research of historian Marcus Rediker, Under the Banner of King Death will inspire readers with its tale of those on the bottom fighting back and achieving, against all odds, a democratic and egalitarian social order, if only for a short time.

FOR YOUNG ADULT READERS
INTERESTED IN ALTERNATIVE HISTORIES AND EQUITABLE SOCIETY: Under the Banner of King Death gives readers a window into the uniquely egalitarian world of pirates, and their surprisingly modern approaches to community building, found family, and pluralism

DISTINCTIVE AND INFORMED ARTISTIC METHOD: While illustrating this book, David Lester consulted the renowned pirate art of Howard Pyle (1854-1911) and built a miniature model of an 18th century ship to engage in a more dynamic and historically accurate drawing approach

"Under The Banner of King Death is a quick, fun read that twists the conventions of pirate stories into some fascinating ways. The ending draws some parallels that are particularly poignant, if you've ever had to fight for rights in the workplace, or in society." –Boing Boing

Paperback, 978-080702398-3
$17.95, 136 Pages
David Lester illustrated the award-winning *1919: A Graphic History of the Winnipeg General Strike*. His poster of anti-war protester Malachi Ritscher was exhibited at the Whitney Museum of American Art. He is the guitarist in the rock duo Mecca Normal.

Marcus Rediker is Distinguished Professor of Atlantic History at the University of Pittsburgh. He is the author of many "histories from below," including *Villains of All Nations*, on which this book is based.

Paul Buhle a retired senior lecturer at Brown University, is the authorized biographer of C. L. R. James and he has edited more than a dozen nonfiction graphic novels.

For centuries, societies have treated male domination as natural to the human species. But how would our understanding of gender inequality—our imagined past and contested present—look if we didn’t assume that men have always ruled over women? If we saw inequality as something more fragile that has had to be constantly remade and reasserted?

In this bold and radical book, award-winning science journalist Angela Saini explores the roots of what we call patriarchy, uncovering a complex history of how it first became embedded in societies and spread across the globe from prehistory into the present. She travels to the world’s earliest known human settlements, analyzes the latest research findings in science and archaeology, and traces cultural and political histories from the Americas to Asia.

In the 19th century and 20th centuries, philosophers, historians, anthropologists, and feminists began to actively question what patriarchy meant as part of the attempt to understand the origins of inequality. In our own time, despite the pushback against sexism, abuse, and discrimination, even revolutionary efforts to bring about equality have often ended in failure and backlash. But *The Patriarchs* is a profoundly hopeful book—one that reveals a multiplicity to human arrangements that undercuts the old grand narratives and exposes male supremacy as no more (and no less) than an ever-shifting element in systems of control.

*A FRESH EXAMINATION OF THE ORIGINS OF PATRIARCHY*: The last book that examined the origins of patriarchy was Gerda Lerner’s *The Creation of Patriarchy*, published in 1986—and that book focused only on Mesopotamia. *The Patriarchs* is broader and more up to date, looking at the variations in social formations in cultures throughout the world and in different eras.

**SUPERIOR BEST OF LISTS**: 10
Best Science Books of the Year *(Smithsonian Magazine)* · Best Science Books of the Year *(NPR’s Science Friday)* · Best Science and Technology Books from 2019 *(Library Journal)*

Hardcover, 978-080701454-7
$26.95, 256 Pages

*Angela Saini* is an award-winning science journalist whose print and broadcast work has appeared on the BBC and in the Guardian, New Scientist, Wired, the Economist, and Science. A former Knight Science Journalism Fellow at MIT, she won the American Association for the Advancement of Science’s Kavli Science Journalism gold award in 2013. Saini has a master’s in engineering from Oxford University, and she is the author of *Inferior: How Science Got Women Wrong and the New Research That’s Rewriting the Story* and *Geek Nation: How Indian Science Is Taking Over the World.*
“In a world sewn together by the myth of permanence, The Patriarchs offers a portal to possibility: the way things are is not necessarily how they could have been. Male supremacy was never inevitable; it was a political choice. Once again, Angela Saini has the receipts. She is scientific journalism at its best—equally engaging and enraging in her forensic denaturalization of power.”
—Alok Vaid-Menon, author of Beyond the Gender Binary

“Gripping and beautifully written, Saini’s The Patriarchs is mind-bending. I learned so much about the past and present of patriarchy and notable, diverse matrilineal societies that prove there is nothing inevitable about sexism, domination, or patriarchy. The Patriarchs compels us to look beyond what is and what was, and imagine what could be.”
—Jennifer Shahade, author of Chess Queens

“Angela Saini is one of today’s most incisive and important writers about humanity’s troubling turns, twists, and biases. The Patriarchs, a book that is at turns myth-busting, startling, enraging, surprisingly hopeful, and addictively readable, wholly underlines that point. Don’t miss it.”
—Deborah Blum, Pulitzer Prize winner and author of Love at Goon Park: Harry Harlow and the Science of Affection

“In this disarmingly accessible book, Angela Saini takes the reader on a wide-ranging tour through the nature, history, and present-day manifestations of patriarchy. The prose is sparkling, the information is richly textured, and the insights are plentiful. The Patriarchs is essential reading for anyone interested in how the legacy of the past continues to shape the relations between women and men, and how women have struggled to throw off its yoke.”
—David Livingstone Smith, author of Making Monsters: The Uncanny Power of Dehumanization
When the Light Goes On
The Life-Changing Wonder of Learning in an Age of Metrics, Screens, and Diminished Human Connection

MIKE ROSE
Afterword by Manuel Espinoza
ON SALE 2/28/23

The final work from one of the most beloved voices in American education explores stories and lessons of transformative experiences in education.

For more than a generation, American education has been structured as though it was built of and for concepts, not people. It has transformed it into a vast assessment, scoring, and ranking enterprise; a sales platform for high-tech entrepreneurs; and a fiercely competitive arena of advantage and status that grinds the poor and propels the middle class into debt.

In When the Light Goes On, educator Mike Rose features the stories of people of all ages and backgrounds to illuminate how education has added meaning to their lives.

When the Light Goes On helps us dig through the discord and fragmentation of school politics and policy to reclaim the mind and heart of education. Through various students’ stories and his own, Rose provides an urgent reminder of the core purpose of education: to learn about ourselves and the world around us, to spark new interests, and to experience with guidance both the fulfillment and the uncertainty of exploring our limits—all in the service of creating a meaningful life.

Education scholar and author of eleven books, including the best-selling Lives on the Boundary, Mike Rose has received praise from Studs Terkel, Howard Zinn, Jonathan Kozol, and Diane Ravitch. When the Light Goes On weaves stories of educational transformation with Rose’s own journey to finding meaning in education through a senior English class. He was a research professor at the University of California-Los Angeles’ Graduate School of Education and Information Studies.

Stories Include:

- A supermarket checker whose job wore away his soul takes a remedial math class that starts him on a path to architecture school
- A young man badly injured in a motorcycle accident finds both rehabilitation and a career in a welding program
- A transgender youth’s odyssey to self-definition extends though courses in social sciences and campus advocacy groups
- A Native American athlete finds graduate study as a way to use her celebrity to articulate the needs of her people

Hardcover, 978-080700853-9
$27.95, 272 Pages
“An exquisite gift of grace. It will help you write yourself out of the wilderness of pain and denial into Wholeness.”
– Sarah Ban Breathnach, author of Simple Abundance

Paperback, 978-080707243-1
$17.00, 240 Pages

In this inspiring book, based on her twenty years of research, highly acclaimed author and teacher Louise DeSalvo reveals the healing power of writing. DeSalvo shows how anyone can use writing as a way to heal the emotional and physical wounds that are an inevitable part of life. Contrary to what most self-help books claim, just writing won’t help you; in fact, there’s abundant evidence that the wrong kind of writing can be damaging.

DeSalvo’s program is based on the best available and most recent scientific studies about the efficacy of using writing as a restorative tool. With insight and wit, she illuminates how writers, from Virginia Woolf to Henry Miller to Audre Lorde to Isabel Allende, have been transformed by the writing process. Writing as a Way of Healing includes valuable advice and practical techniques to guide and inspire both experienced and beginning writers.

Louise DeSalvo is the author of several books, including Adultery, Virginia Woolf, and Vertigo. She is professor of English at Hunter College and divides her time between Teaneck, New Jersey, and Sag Harbor, New York.
Tech is often thought to be at the helm of innovation, yet the economic disparities between white, Black, and Latinx workers continue to persist. In What We Build with Power, activist and organizer David Delmar Sentíes argues that tech is in a position to move beyond empty platitudes and towards an organized workforce that values the economic wellbeing of Black and Latinx communities.

Delmar Sentíes uses his first-hand experiences with Resilient Coders—his nonprofit coding boot-camp that trains low-income people of color—to highlight how we must identify and dismantle the intentional systemic barriers in tech that are precluding nonwhite people from participating in their cities’ prosperity. He shows how diversity and inclusion initiatives fail, how philanthropic efforts often exacerbate racial inequalities, and argues for a total overhaul of tech culture.

*What We Build with Power* is an urgent call for organizing and executing shared strategies in order to disrupt the tech industry and move towards a more economically inclusive and equitable workforce.

**David Delmar Sentíes** is the Founder and Executive Director of Resilient Coders, a highly competitive, free, and stipended nonprofit coding bootcamp that trains people of color from low-income backgrounds for high-growth careers as software engineers. Resilient Coders was recognized by the White House in 2016, and has been featured in TechCrunch, Fast Company News, Boston Globe, Boston Herald, BostInno, Bay State Banner, NPR, NECN, Xconomy, VentureFizz, Hot 96.9, and other news outlets. David is especially proud of having been recognized by El Planeta as an influential member of Boston’s Latinx community.
Dispatches from the regenerative landscape, where pioneering entrepreneurs use their businesses as catalysts of change to go beyond sustainability and solve social and environmental problems

Stories Include:

- Marius Smit, founder of Plastic Whale, the first company to build boats entirely out of plastic waste removed from our oceans
- Sébastien Kopp and Konrad Brits at Falcon Coffees, a trading company leading the way with a “collaborative supply chain” by investing in the local farmers who grow and harvest coffee beans
- Scott Fry and Martha Butler of Loving Earth, a supply chain company that sources cacao from indigenous communities and brings their people and practices to the forefront

Political upheaval and social turmoil have peeled back the glitzy layers of capitalism to reveal an uncomfortable truth: historically, businesses have sourced materials from remote corners of the globe and moved millions of people and tons of cargo around the clock—all in the name of profit. Yet many of today’s startups are rewriting the rules of business: how it’s done, by whom, and, most importantly, for what purpose. Journalist Esha Chhabra draws on her decades of reporting to explore not only the “feel good, do good” factors of these restorative enterprises but also the nuanced realities and promise of regenerative business operations.

Working to Restore examines revolutionary approaches in nine areas: agriculture, waste, supply chain, inclusivity for the collective good, women in the workforce, travel, health, energy, and finance. The companies profiled are solving global issues: promoting responsible production and consumption, creating equitable opportunities for all, encouraging climate action, and more. Chhabra highlights how their work moves beyond the greenwashed idea of “sustainability” into a new era of regeneration and restoration.

Working to Restore highlights our most innovative entrepreneurs yet, those who understand that we cannot expect to create radical change if we try to “sustain” a system that has long been broken. Instead, their efforts of restoration and regeneration should be used as a model for other forward-thinking enterprises. Inspiring and engaging, this book shows it is possible for a business to thrive while living its mission and how the rules can be rewritten to put both the planet and its global citizens at the center.

Esha Chhabra is a writer who covers sustainability, international development, and the rise of mission-driven brands. She has spent the last decade contributing to a number of international and national publications such as The Guardian, New York Times, Wired UK, Washington Post, Atlantic, Fast Company, Forbes, Stanford Social Innovation Review, and more. She has been awarded multiple fellowships from the Pulitzer Center on Crisis Reporting.
Some of the Light
New and Selected Poems

TIM Z. HERNANDEZ
ON SALE 3/28/23

25 years of writing from one of our most gifted Latinx poets, taking the reader from his early exploration of machismo to new work on life as a single father, immigrant detention, and spiritual inquiry

Some of the Light: New & Selected gathers the first 25 years of Hernandez’s award-winning poetry

At its core, Some of the Light contains collected poems of love, told through the lens of a single father raising two children alone in the borderlands. They are at times intimate and confessional, telescoping from personal relationships to spiritual inquiry, from human rights to the environment, while between the cracks of the poems are poetic contemplations, chronicling the passing days of the pandemic. This latest work by Hernandez reveals a writer who former U.S. Poet Laureate Juan Felipe Herrera calls “A titan—unafraid to take to the road, get his hands dirty, to fully immerse himself in the world of his subjects.”

Tim Z. Hernandez is an award-winning author, research scholar, and performer. His work includes poetry, fiction, non-fiction, and screenplays. He is the recipient of numerous awards, most notably the American Book Award, the Colorado Book Award, and the International Latino Book Award. His work has been featured in the Los Angeles Times, the New York Times, C-Span, and NPR’s All Things Considered. Public Radio International hailed his book, Mañana Means Heaven, as one of their 2013 Books of the Year. In 2011, he was named one of sixteen New American Poets by the Poetry Society of America, and most recently he was recognized for his research on locating the victims of the 1948 plane wreck at Los Gatos Canyon, the incident made famous by Woody Guthrie’s song of the same name, which is chronicles in his documentary novel, All They Will Call You. Hernandez holds a BA from Naropa University and an MFA from Bennington College, and is an associate professor with the University of Texas El Paso’s bilingual MFA in creative writing. He lives in El Paso, Texas, with his two children.

Praise for Some of the Light:

“Some of the Light arrives to remind us that Hernandez has been turning over the stones, cradling them, and tumbling them in his mouth until he can taste and recite every fissure and form that must be sung. It awakens the inner light that empires, trials and tribulations, others, and even the self have attempted to extinguish and failed. Hernandez lets the light radiate, and we must follow.”

—Anthony Cody, author of Borderland Apocrypha

“What does it mean to refract and be a refraction of the world we inhabit? In Some of the Light, Tim Z. Hernandez reminds us that memory is only a confluence of our desires—to hold on—to rebuild from the intimacies of loss toward a reclamation of self. He cleaves open language—with all its gorgeous failures.”

—Felicia Zamora, author of Quotient
Butter
Novellas, Stories, and Fragments

GAYL JONES
ON SALE 4/4/23

A wide-ranging collection, including two novellas and ten stories exploring complex identities, from the acclaimed author of Corregidora, The Healing, and Palmares

Praise for Gayl Jones:

“A major voice in American letters.”
—Esquire

“Inventive and subversive.”
—Deesha Philyaw,

“A literary giant.”
—Tayari Jones

“Her prose soars.”
—Larry Rohter

“In her novels are genuinely imaginative creations.”
—The New Republic

“Gayl Jones’s work represents a watershed in American literature. From a literary standpoint, her form is impeccable . . . and as a Black woman writer, her truth-telling, filled with beauty, tragedy, humor, and incisiveness, is unmatched.”
—Imani Perry, author of, Looking for Lorraine and Breathe

Gayl Jones, who was first edited by Toni Morrison, has been described as one of the great literary writers of the 20th century and was recently a finalist for the Pulitzer Prize in fiction. This new collection of short fiction is only the second in her rich career, and one that displays her strengths in the genre in many facets. Opening with two novella-length works, “Butter” and “Sophia,” this collection features Jones’s legendary talents in a range of settings and styles, from the hyperrealist to the mystical, in intricate multi-part stories, in more traditional forms, and even in short fragments.

Her narrators are women and men, Black, Brown, Indigenous; her settings are historical and contemporary, in South America, Mexico and the US; her themes center on complex identities, unorthodox longings and aspirations. She writes about spies, photographers, playground designers, cartoonists, and baristas, about workers and revolutionaries, about environmentalism, feminism, poetry, film and love, but above all about our multicultural, multiethnic and multiracial society.

Gayl Jones was born in Kentucky in 1949. She attended Connecticut College and Brown University, and has taught at Wellesley and the University of Michigan. Her books include Corregidora, Eva’s Man, Mosquito, and The Healing, the last a National Book Award finalist and New York Times Notable Book of the Year.
“You Should be Grateful”
Stories on Race, Identity, and Transracial Adoption

ANGELA TUCKER
ON SALE 4/18/23

An adoption expert and transracial adoptee herself examines the unique perspectives and challenges these adoptees have as they navigate multiple cultures.

FILM TIE-IN: Tucker created a prize-winning documentary, Closure, about her search for her own birth family. It had 40 early screenings and garnered 800,000+ viewers on Netflix, Hulu, Amazon Prime, iTunes, Google Play, PBS, KweliTV, and Indieflix. Dramatic footage will be used in media pitches.

CENTERS THE ADOPTEE NARRATIVE: Books on adoption are often written by adoptive parents. Tucker writes about her experiences as a transracial adoptee and includes stories and case studies from the transracial adoptee support groups she runs and from her work as an individual mentor.

RESOURCE FOR ADOPTIVE PARENTS: Tucker offers practical tools for nurturing identity, unlearning white saviorism, and addressing the mistakes most adoptive parents don’t even know they’re making.

Your parents are so amazing for adopting you! You should be grateful that you were adopted."

Angela Tucker is a Black woman, adopted from foster care by white parents. She has heard this microaggression her entire life, usually from well-intentioned strangers who view her adoptive parents as noble saviors. She is grateful for many aspects of her life, but being transracially adopted involves layers of rejection, loss, and complexity that cannot be summed up so easily.

In “You Should Be Grateful,” Tucker centers the experiences of adoptees to share deeply personal stories, well-researched history, and engrossing anecdotes from mentorship sessions with adopted youth. These perspectives challenge the fairy-tale narrative of adoption, giving way to a fuller story that explores the impacts of racism, classism, family, love, and belonging.

Angela Tucker is the Executive Director of the Adoptee Mentoring Society and a well-known voice in the conversation about interracial adoption. Through The Adopted Life LLC, Tucker blogs, offers regular consulting for agencies and families, hosts monthly Adoptee Lounges for adult adoptees and spends her weekends mentoring adopted youth. Tucker earned a BA in Psychology from Seattle Pacific University and lives in Seattle with her husband.
Momfluenced
Inside the Maddening, Picture-Perfect World of Mommy Influencer Culture

SARA PETERSEN
ON SALE 4/25/23

How momfluencer culture impacts women psychologically as consumers, as performers of their stories, and as mothers

On Instagram, the private work of mothering has been turned into a public performance that’s generating billions of dollars, and the message is simple: that we’re all just a couple of clicks away from a better, more beautiful experience of motherhood. *Momfluenced* examines the performance of motherhood—producers of it and consumers of it—through the multilayered phenomenon of the mommy influencer.

Sara Petersen tackles the complexities of modern motherhood. Drawing on personal experience, interviews with prominent momfluencers, literature, pop culture, and discussions with experts in (psychologists, linguists, sociologists, technologists) to construct a wide-ranging exploration of maternal glorification and self-erasure. For fans of Lyz Lenz’s searing critique, in *Belabored*, of how we treat mothers in this country and of Jia Tolentino’s decoding of social media in *TrickMirror,* *Momfluenced* argues that mommy influencer culture has fundamentally changed modern motherhood by transforming it into a vehicle for consumption.

More than an investigation into filters, or a critique of monetized identity performances, *Momfluenced* considers what it means to define motherhood for ourselves when society is determined to define motherhood for us.

*Sara Petersen* is a writer based in New Hampshire. Her essays about feminism, domesticity, and motherhood have appeared in *The New York Times, Harper’s Bazaar, The Washington Post, InStyle, Glamour,* and elsewhere. Prior to becoming a writer, she was an unmotivated actor in New York City. You can find her at sara-petersen.com, and on Twitter and Instagram @slouisepetersen, where she rages about the state of modern motherhood, occasionally asks for skincare recs, and shares every bit of MLM content she can find.

**SOCIAL PHENOMENON:** First book to delve into the world of mommy influencer culture and how it is shaping motherhood for better or worse

**BEHIND THE SCENES LOOK:** Pulls back the curtain on the perfection, aesthetically pleasing, filtered content that mommy influencer culture produces to understand the reality of motherhood, regardless of follower count

**DIVERSE PERSPECTIVES:** Offering interviews with a variety of current and former momfluencers, Petersen looks at the multitude of spaces and communities momfluencing offer, as well as the different kinds of mom performance culture that exist

Hardcover, 978-080700663-4
$27.95, 328 Pages
SELECTED ESSAYS ON MOM CULTURE

“Do you trust this momfluencer? Good, because she has something to sell you” –Refinery29

“Momfluencer content enrages me: Why can’t I look away?” –Harper’s Bazaar

“How to make sure your vicarious grief for your children doesn’t make things worse” –The Washington Post

“I Want to be a Hot Mom” -Glamour

“Burn It Down: The Importance of Female and Maternal Rage.” -The Washington Post

“Why Having a Third Baby Felt Like the Safe Choice” -The New York Times

“Why I’m Struggling to Explain my Beauty Routine to my four-year-old Daughter” -The Washington Post

Petersen’s popular Substack unpacks her obsession with momfluencer culture to destroy the myth of the perfect mama.
Mind Over Monsters
Supporting Youth Mental Health with Compassionate Challenge

SARAH ROSE CAVANAGH
ON SALE 5/2/23

Addresses the increasing mental health struggles among young people and argues for creating learning environments characterized by both compassion and challenge

Alarming statistics in recent years indicate that mental health problems like depression and anxiety have been skyrocketing among youth. While major stakeholders argue over whether we need greater compassion or whether so-called “coddling” might in fact be driving up rates of mental health problems and we should instead introduce more challenge, psychologist and professor Sarah Rose Cavanagh presents extensive evidence to argue that this is a false duality. Instead, she proposes that first we need to create learning and living environments characterized by compassion, and then we need to guide our youth into practices that encourage challenge.

In *Mind over Monsters*, Cavanagh highlights the voices of actual students and supplements these insights with science sourced not just from psychology and sociology but also pedagogy, neuroscience, and critically evaluated peer-reviewed research. To identify solutions, Cavanagh interviews a roster of experts across the country who are dedicating their lives working with young people to help them actualize their goals. The result of these combined sources of inquiry indicates that to encourage youth mental health, we need to create what Cavanagh calls compassionate challenge—learning environments that help our students face their fears, to vanquish their monsters, but in a supportive, safe, and even playful way.

*Mind over Monsters* bridges the opposing sides of the youth mental health crisis and offers a new path out—one that does not just treat symptoms but encourages the overall health of young people.

Sarah Rose Cavanagh is the senior associate director for teaching and learning at the Center for Faculty Excellence and an associate professor of practice in psychology at Simmons University. Her research considers whether the strategies people choose to regulate their emotions and the degree to which they successfully accomplish this regulation can predict trajectories of psychological functioning over time. Sarah’s first book, *The Spark of Learning: Energizing the College Classroom with the Science of Emotion*, was published in 2016 and her second book, *HIVEMIND: The New Science of Tribalism in Our Divided World*, was published in 2019. Connect with her on Twitter @SaRoseCav.

TIMELY TOPIC: In the wake of the COVID-19 pandemic with increased isolation and disrupted learning, there is a major focus on young people’s mental health, as well as a general destigmatizing of discussions of mental health struggles in school and in the workplace

CONSIDERS THE NEEDS OF YOUNG PEOPLE FROM ALL DIFFERENT BACKGROUNDS: Many comparable books either focus solely on the academic and extracurricular pressures facing very affluent youth, or the lack of basic needs and safety threatening youth from under resourced backgrounds - but Cavanaugh writes about a range of diverse youth perspectives and their particular need

WIDE AUDIENCE: Appeals to parents, teachers, administrators, and young people themselves regarding how to navigate the mental health crisis

Hardcover, 978-080700757-0
$28.99, 272 Pages
Unbroken Chains
The Hidden Role of Human Trafficking in the American Economy

Melissa Hope Ditmore
ON SALE 5/9/23

An urgent exposition of the pervasive human trafficking that lies just beneath the surface of the US economy—from the stories of its survivors

The years of the COVID-19 pandemic have brought to light the exploitation of workers. In this moment of heightened visibility, *Unbroken Chains* demands that readers examine the hidden sector of American trafficked labor and understand its prevalence across our economy.

Drawing from nearly two decades of research on US and international human trafficking, Melissa Hope Ditmore sets forth the harrowing stories of human trafficking survivors and grounds their accounts in the long history of US indentured servitude, looking to its iterations in chattel slavery, Chinese contract labor, and prison labor. In this groundbreaking investigation of American trafficking, Ditmore unveils the unnerving reality that forced labor permeates many industries beyond sex work: in almost every aspect of consumption, people who create our everyday necessities are working amid inescapable exploitation, often without pay.

*Unbroken Chains* tells these workers’ stories: They are nannies for New York City’s diplomatic elites and door-to-door magazine salespeople in the American South. A trafficked person may have harvested your produce, sewn your clothes, or cleaned your apartment lobby. Ditmore offers readers an illuminating window on the world of forced labor, which exists within our own, and a road map for participating in its destruction.

*Melissa Ditmore is a freelance consultant specializing in issues of gender, development, health and human rights. She holds a PhD in sociology from the City University of New York and has published several previous books on sex work and prostitution. Her consulting clients have included the United Nations, the US Agency for International Development, and the Hilton Foundation. Her writing has also appeared in outlets such as HuffPost, The Guardian, and the Daily Beast.*
Celebrity Nation
How America Evolved Into a Culture of Fans and Followers

Landon Jones
ON SALE 5/9/23

From the writer and editor who coined the term “baby boomer” comes Celebrity Nation, an exploration into how and why fame no longer stems only from heroic achievements but from the number of “likes” and shares—and what this change means for American culture

Landon Jones—who spent decades in “celebrityland” only to emerge, like Alice, blinking in the sunlight—brings a personal and first-person perspective on fame and its dark underbelly, complicated even further by the arrival of the internet and social media.

Jones draws on his experience as the former managing editor of People magazine to bolster his account with profiles of celebrities he knew personally, ranging from Malcolm X to Princess Diana, as well as observations about contemporary social media stars like Kim Kardashian and computer-generated macro influencer Miquela, a self-proclaimed “19-year-old Robot living in LA.” In analyzing the stories of over 75 celebrities, spanning decades and industries, Jones shows how celebrity has been wielded as a weapon of mass distraction to spawn narcissism, harm, and loneliness.

And yet, in these stories we also see a path forward. Jones highlights luminaries like Nobel Peace prize winner Maria Ressa and lauded environmental activist Greta Thunberg, who have effected meaningful change not by glorifying themselves but by turning to their communities for action. A lively analysis of celebrity culture’s impact on nearly every facet of our lives, Celebrity Nation helps us to recognize how the apparatus of fame operates.

Landon Y. (Lanny) Jones is an editor and author. He is the former managing editor of People and Money magazines and the author of William Clark and the Shaping of the West (2004), a biography of the co-leader of the Lewis and Clark Expedition. Jones also edited a selection of the expedition journals, The Essential Lewis and Clark (2000). In 1980, he published Great Expectations: America and the Baby Boom Generation, which coined the phrase “baby-boomer” and was a finalist for the American Book Award in Nonfiction. In 2015, he received the Henry R. Luce Award for Lifetime Achievement from Time Inc. He is from St. Louis, Missouri, and currently resides in Princeton, New Jersey.

A BLEND OF SOCIAL COMMENTARY, PERSONAL STORIES, AND HISTORY: Captures influencer and celebrity culture through personal anecdotes and a historical lens, exploring how celebrity culture seized a dominant role in American life and how its values are antithetical to democracy itself

FOR AMERICAN STUDIES SCHOLARS AND POP CULTURE ENTHUSIASTS ALIKE: Whether they are American culture experts or wonder why Kim Kardashian is famous, readers will find indispensable insight into celebrity obsession in these pages

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