

Appendices:

Note: There are many excellent books to further white people's understanding of systemic racism (see: <https://nymag.com/strategist/article/anti-racist-reading-list.html>; <https://chipublib.bibliocommons.com/list/share/204842963/1357692923>; <https://www.thegoodtrade.com/features/books-on-race>). We have focused our appendices on resources that are practice oriented, such as handouts, short articles, lists, curriculum, and workbooks.

Given the shifting socio-political nature of racism, terms, concepts and critiques are ever changing and evolving. These resources reflect some of what we and our interviewees are using in white affinity work at the time of this writing. It is not a complete or definitive list of all of the excellent resources available.

Handouts and Worksheets

[Frame of Reference Exercise Handout](#)

[Racial Socialization Reflection Questions](#)

Antiracist Checklist for Whites

Receiving Feedback – White Fragility or Antiracism?

[Patterns of Power](#), from Tools for Change

[Equalizing Power](#), from Tools for Change

[Feedback as An Antiracism Tool](#)

[Silence Breakers for White People](#) Handout

Silence Breaker Worksheet

[The Iceberg of Culture Handout](#)

[The Iceberg of White Supremacy Handout](#)

Rules of Engagement Worksheet

White Fragility Worksheet

Racial Dynamics to Watch For

Continuum on Becoming an Antiracist Multicultural Organization

Additional Resources on Facilitating White Affinity Groups

[How to Plan a White Caucus Agenda](#), Pippi Kessler

[Tips for Creating Effective White Caucus Groups](#), Craig Elliot PhD

AWARE LA's [White Anti-Racist Culture Building Toolkit](#)

Tip Sheet for Table Discussion Facilitators, Robin DiAngelo

Kelsey Blackwell's *Why People of Color Need Spaces without white people*
<https://arrow-journal.org/why-people-of-color-need-spaces-without-white-people/>

Patterns List accompanying this book (see page X)

Racial Identity Caucusing Strategy

Resource Hubs

[Racial Equity Tools](#) See in particular:
<https://www.racialequitytools.org/resources/act/strategies/caucus-and-affinity-groups>

[AWARE-LA Resources](#)

[White Folks Workbook](#)

[Dismantling Racism Works](#) (dRworks). See in particular: dRworks racial equity principles

Witnessing Whiteness <http://shellytochluk.com/resources/>
(free curriculum with agendas, facilitator's notes, handouts)

Pippi Kessler's [Website](#) and [Free Self Study Curriculum for Educators](#)

National Museum of African American History / Smithsonian's [Being Anti Racist](#)

[SEED](#) resources and standard pedagogy (<https://nationalseedproject.org/>)

Teaching While White (<https://www.teachingwhilewhite.org/>)

[Resources page](#) from Robin DiAngelo's website (www.robindiangelo.com)

Western States Center (<https://www.westernstatescenter.org/>)

Challenging Supremacy Workshop, [Creating an Anti-Racist Agenda](#)

Ali Michael's website: <https://www.alimichael.org/post/creating-and-sustaining-white-anti-racist-learning-spaces>

Exploring Whiteness Within Ourselves

Article: [28 Common Racist Attitudes and Behaviors](#), Debra Leigh

Common White Patterns by Kathy Obear

[Peggy McIntosh's Invisible Knapsack](#) *Note

[Frame of Reference Handout](#)

[Racial Socialization Reflection Questions](#)

[Patterns of Power](#), from Tools for Change

[Equalizing Power](#), from Tools for Change

[The Color of Fear](#) video

Antiracist Checklist for Whites

Receiving Feedback – White Fragility or Antiracism?

We Don't Want Your Opinion

[Feedback as An Antiracism Tool](#)

[Silence Breakers for White People](#) Handout, by Anika Nailah & Robin DiAngelo

Silence Breaker Worksheet

My Class Didn't Trump My Race: Using Oppression to Face Privilege:
<https://robindiangelo.com/wp-content/uploads/2016/01/ClassTrumpRace.pdf>

[The Iceberg of Culture Handout](#)

[The Iceberg of White Supremacy Handout](#)

What if Instead of Calling People Out We Called Them In by Loretta Ross
(<https://www.nytimes.com/2020/11/19/style/loretta-ross-smith-college-cancel-culture.html>)

Rules of Engagement Worksheet

White Fragility Worksheet

Racial Identity Development

Dr. Janet Helm's White Racial Identity Framework
(https://en.wikipedia.org/wiki/White_Racial_Identity_Development)

The Whiteness Project (<https://whitenessproject.org/>) <https://whitenessproject.org/checkbox>

Layla Saad's [Me and White Supremacy](#) Workbook

[Resmaa Menakem's My Grandmother's Hands](#)

[Courageous Conversations](#) by Glenn Singleton

[When black people are in pain, white people just join book groups](#) (by Tre Johnson)

Paul Kivel's [I'm Not White I'm Jewish](#)

[An Open Letter to My White Lesbian, Gay, Bisexual, Transgender Sisters and Brothers](#)

Recognizing Whiteness in the Culture

[White Supremacy Culture - Still Here](#) (Updated Article)

White Supremacy Iceberg ([handout](#)) and [video](#)

[New York Times video series on race / A conversation on Race](#)

Deconstructing White Privilege with Robin DiAngelo
(<https://www.youtube.com/watch?v=DwIx3KQer54>)

[A Class Divided](#)

[How Did Jews Become White Folks?](#)

Racial Dynamics to Watch For

Recognizing Structural Racism

[Race the Power of An Illusion](#) (video)

[13th](#) (video)

[White Supremacy Iceberg](#)

[The Case for Reparations](#), Ta-Nehisi Coates

White Fragility <https://robindiangelo.com/wp-content/uploads/2016/01/White-Fragility-Published.-1.pdf>

[Moving the Race Conversation Forward](#), Race Forward

[Shining the Light on White](#), by Sharon Martinas

Learning About the Historical Roots of White Supremacy

[Race The Power of An Illusion](#)

Exterminate All The Brutes (<https://www.hbo.com/exterminate-all-the-brutes>)

[Eyes on the Prize](#)

[Traces of the Trade](#)

[1619 Project](#)

[Seeing White Podcast](#)

Nice White Parents Podcast

Heteropatriarchy and the Three Pillars of White Supremacy: <https://icadvinc.org/wp-content/uploads/2019/03/heteropatriarchy-and-the-three-pillars-of-white-supremacy.pdf>

Workbooks and Programs

Dr. Eddie Moore's [21 Day Racial Equity Habit Building Challenge](#)

Layla Saad's [Me and White Supremacy](#)

[Resmaa Menakem's My Grandmother's Hands](#)

[The Anti-Racist Cookbook](#) by Robin Parker and Pamela Chambers

Glenn E. Singleton's [Courageous Conversations About Race](#)

Whiteness Within Families and Friendships

[10 Ways White Teachers Bring Racism Into the Classroom](#) by Jamie Utt

[Thanksgiving Toolkit \(SURJ\)](#)

Rethinking Thanksgiving Toolkit

(<https://www.powershift.org/sites/default/files/resources/files/rethinking-thanksgiving-toolkit.pdf>)

Accountability - Staying on the Roof

[The Contradictions for White People in Racial Justice Work Handout](#)

AWARE LA's [Alliance Building and Accountability](#)

[SURJ](#) (Showing Up for Racial Justice)

[The Case for Reparations](#), Ta-Nehisi Coates

[Intersectionality Primer](#), Kimberly Crenshaw

Essay: [No More "Allies"](#), Mia McKenzie for Black Girl Dangerous

Essay: [Racism is to white people as wind is to sky](#), Sunny Drake

Essay: [4 Ways to Push Back Against Your Privilege](#), Mia McKenzie on blackgirldangerous

Podcasts to Subscribe to and Discuss

1619 (New York Times)

About Race

Code Switch (NPR)

Intersectionality Matters! hosted by Kimberlé Crenshaw

Momentum: A Race Forward Podcast

Nice White Parents (Serial and The New York Times)

Pod For The Cause (from The Leadership Conference on Civil & Human Rights)

Pod Save the People (Crooked Media)

Seeing White